

ERASMUS + COURSE CATALOGUE



Pre-professional Superior Cycle Diplôme National Supérieur Professionnel de Danseur



2023/2024 School year

1

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I. INFORMATIONS FOR ERASMUS+ APPLICANTS

ACADEMIC CALENDAR

Estimated calendar for 2024-2025

- Autumn semester: September 5, 2024 - January 26 2025

- Spring semester: January 8, 2025 - June 30, 2025

ADMISSION PROCEDURE

Contact the international relations coordinator of your school or the International officer of the PNSD, Amélie Clisson de Macedo : <u>amelie.clisson@pnsd.fr</u>

Nota Bene: The PNSD accepts all applications, even if your home institution is not yet a Partner. **Application deadline: March 30, 2024**

REQUIRED DOCUMENTS

The reception of applications will start on 15 February 2024 and will be closed on 30 March 2024 A confirmation letter will be sent to you before 28 April to inform you whether your application has been successful or not.

Applications should be sent by email to amelie.clisson@pnsd.fr

or by post to Amélie Clisson de Macedo PNSD Rosella Hightower 140 Allée Rosella Hightower 06250 Mougins

Erasmus Pedaogical referent : Francesco Curci francesco.curci@pnsd.fr

Your application must include

- your Curriculum Vitae with a photo in PDF/Word (max 1 MB)
- your motivation letter in PDF/Word (max 1 MB)
- a letter of recommendation from your main teacher (max 1 MB)
- a passport photo (max 1 MB)
- a video of artistic performance see details in the attachment

- a letter of approval signed by your Erasmus Coordinator or International Relations Officer approving the submission of this video - see template in the attachment

LANGUAGE REQUIREMENTS Recommended language skills: B2

No certificate is required for admission

Lessons may be given in English but most of the courses are given in French. The students who need extra French language classes can contact the Centre Français langue étrangère. French classes are provided by the family, to be paid by the student or family

These additional language classes are the responsibility of the student, and will not be financed by the PNSD.

BUDGET Living expenses: ± € 800 / month (housing, food, bus, miscellaneous)

GENERAL INFORMATION

This information will be useful before your arrival. You will get more precise information at your arrival. The international office of the PNSD provides individual help upon request.

INTRODUCTION WEEK The academic year starts with introduction meeting to welcome all the new students (regular as well as Erasmus+ students): precise dates and schedule to be confirmed. The participation is mandatory. You should arrive in Cannes-Mougins in the very beginning of September . A more detailed programme will be sent in late August. During those first days you will be provided with information regarding enrolment, study services and practical matters regarding your stay. Do not miss this opportunity to receive important information and meet the coordinator of the study field and the teachers, along with the other students!

REGISTRATION As an Erasmus+ student, you have to be registered at your home institution. At your arrival, you will register at the PNSD, and possibly at one of the Partner Universities (Nice or Toulon) according to your study field.

FRENCH LANGUAGE COURSE PNSD provides a French course for non speaking French students. It is a 2hours/week course on the campus, at a very special price at your charge.

HOUSING Please note that the PNSD, is NOT responsible for arranging your accommodation. However, we will do our best to assist you in case you face problems in finding accommodation. If our dormitory is not fulkl, we could offer you a position in there. If not, we provide lists of appartments for students.

There you have a link explaining the different possibilities <u>https://www.cannes.com/fr/cadre-de-vie/travaux-voirie-urbanisme-logement/logement-et-habitat/logement-etudiant.html</u>

Of course you can try to find a room in a university housing building, but Cannes is a small city, and you'd better find a room in the citycenter or in Mougins. The simplest way is to contact some students who could help you finding some contacts. When you'll confirm your registration, the international office will send you e-mail addresses of several students who can help you.

Practical guide for international students https://www.cannes.com/fr/index/vous-etes/etudiant-2.html

VISA Students from the European Union and European Economic Area do not require visas. Students residing in the European Community who do not have European citizenship must apply for a student visa at the French consulate of their country of residency. Their European residence permit allows them to stay in France legally for 3 months only, which is not sufficient for a student mobility program. Applications for a "long séjour" (long stay) visa must be submitted in your country of residence. There is no way of obtaining authorization for a visa once you have arrived in France.

II. PNSD ROSELLA HIGHTOWER PRESENTATION

A national establishment in Cannes-Mougins for higher dance education.

The Pôle National Supérieur de Danse Rosella Hightower (PNSD) is one of the centres of higher cultural education accredited by the Ministry of Culture.

It trains dancers from the age of 11 with a dual classical and contemporary culture and offers a wide range of dance training courses, as well as international dance courses.

It has a campus dedicated to dance in Cannes-Mougins and operates throughout the South of France. It delivers the National Superior Professional Diploma (DNSP) of dancer (in traditional training or by apprenticeship) and is authorized to provide training for the State Diploma (DE) of dance teacher.

The Erasmus+ in coming mobilities are for DNSP dancer training programme.

To find more about Cannes and the region : <u>https://www.cannes.com/fr/index.html</u> <u>https://www.maregionsud.fr/</u>



III. DNSP DANCER CYCLE PRESENTATION

Pre-professional Superior Cycle Ambitions

Leading on the Diplôme National Supérieur Professionnel de danseur (DNSP Danseur)

- To train outstanding, versatile dancers that can meet choreographers' and company directors' requirements in total harmony with current choreographic trends.
- To prepare diversified careers based on self-fulfillment, adaptability and autonomy of each dancer.

This cycle of improvement and stage learning should allow the future professional dancer to find his artistic identity and acquire a certain maturity favoring his professional integration. To achieve this result, students are supported and nourished in their research by the teaching team but also by artistic personalities, choreographers, guest professors and professional speakers.

Each student is encouraged to deepen their knowledge of the repertoire, increase their ability to adapt to the different styles and languages offered and develop a choreographic culture and body knowledge where daily physical practice is linked to theoretical lessons (dancer's health, anatomy, analysis of movement, history of dance, musical training, analyzes of works, etc.).

Curriculum presentation

The course leading onto the DNSP starts the last year of the Danse-Etudes cycle and onto the two years of professional integration cycle :

- 1st year DNSP => DNSP 1
- 2nd year DNSP => DNSP2
- 3rd year DNSP => DNSP 3, Cannes Jeune Ballet Rosella Hightower

=> DNSP 3 Apprenticeship (Ballet National de Marseille, Ballet Preljocaj, Grand Opéra Avignon)



Repertory interpreter or interpreter at the service of creation: two complementary dimensions of the dancer profession a single program

The DNSP course in PNSD allows to work on the two dimensions of the activity of the dancer-performer in a company: reworking already created pieces, a repertoire or participating in a creation process with a choreographer. The student will be able to build his own skills and appetites for:

To deepen the work of the performer in existing and varied repertoires, giving access to a great range of styles and different writings to bring to life the original spirit of choreographies and performing them with a new energy.

Explore the work with a choreographer by participating in a creative process: putting oneself at the service of creation by participating in the phases of research in choreographic writing and in rehearsals, proposing elements of composition based on the indications given, improvising freely or according to a framework and set instructions, learning to grasp the choreographic intention in the moment and reproduce it, adapting to the creative rhythm of the choreographer, being able to anticipate and nourish the choreographer's vision, are all abilities which will be developed.

Pedagogical experiences

- Approaching a diverse repertoire from Classical to Contemporary :
 - o Classical grand repertoire
 - Georges Balanchine
 - o John Neumeier
 - o Jean-Christophe Maillot
 - o Angelin Preljocaj
 - o ...
- Participating to dance piece remakes
- Participatin to creations
- Approaching a multidisciplinary creation and other creative artistic universes (site specific performances, circus, singing/drama...)

Diplomas and equivalences

The PNSD Cannes-Mougins delivers the Diplôme National Supérieur et Professionnel du danseur – National Superior and Professional Dancer Diploma (D.N.S.P.D). While following the DNSP career, the student will have the possibility to validate within two years (DNSP2 and DNSP3) the professional bachelor degree Sound and Image Techniques delivered by Toulon's University.

Furthermore, by the end of those two years course, the graduating student will obtain equivalences related to the acquisition of dance professor National Diploma (Diplôme d'Etat de professeur de danse) in specific subjects (dance history, anatomy-physiology, music education), pedagogy excepted.



Diplôme National Supérieur Professionnel du Danseur (DNSP Danseur) Presentation

Year	Class	Programme	Skills to acquire
name			•
	Year	 Deepen technical training in dance; Support the development of artistic personality, in 	
D	NSP 1	 particular through the work of repertoire pieces, creation with guest choreographers, personal compositions; Give each student the opportunity to participate in projects with the aim of stage presentation in professional conditions; Provide and validate the teachings of the 3 theoretical modules: anatomy, dance history, musical training; Put in place tools to educate each student to develop their personal project (personalized interviews and information meetings). 	1: Practice the art of dancer or Pas de deux, classical and contemporary repertoire, choreographic
2 ^{nc}	¹ Year	 Allow students, through a varied repertoire and diversified scenarios, to develop mastery and quality of execution as well as their artistic 	workshops, creations, performances, internships in companies
D	NSP 2	 positioning; Create the bridge and anticipate the DNSP3 Cannes Jeune Ballet year through workshop work around the repertoire to come; Give each student the opportunity to participate in various projects, resulting in stage performances in different configurations (work with live musicians, performances in urban areas, conventional stage, etc.); Create the conditions to allow students to achieve autonomy and maturity in order to gradually move out of school; Raise awareness in young dancers to the preservation of their health capital; Support the construction of their professional project. 	2: Maintain and improve artistic capacities and qualities as a performer Classical technique, contemporary technique, dancer's health, movement analysis, Feldenkrais, dance history, choreographic analysis, Benesh notation, art culture, musical training 3: Expand and strengthen your field of knowledge and professional skills Theater, circus, discovery of performing arts professions
2rd	Voor	 Help students develop their interpretive skills through a varied repertoire in direct contact with professionals (ballet master, choreographers, dancers, etc.); Give them the opportunity to gain ease on stage through regular performances and in a 	professions 4: Build your professional career Professional environment, network, CV preparation and applications
		professional setting;Develop the ability to adapt to various	
		 aesthetics by adjusting the time and preparation process through deeper and independent personal research around the expectations and challenges of the project; Define the stages of a personal journey for successful professional integration. 	

IV. COURSE CATALOGUE

STUDY PLAN

An individual study plan, based on your Learning Agreement, will be drawn up for you. It defines the detailed content of your studies during the exchange period. It has to be signed before your arrival, but might be changed when you arrive. This will be finalised after the introduction days.

The table below is the global framework of your study plan at the PNSD ROSELLA HIGHTOWER. You should use it as a "guideline" while choosing the courses for your Study plan.

However, you can select the courses freely in order to make the best study plan possible for you.

DANCER DNSP1 PNSD ROSELLA HIGHTOWER								
	SEMESTRE 1	ECTS	H/S1	SEMESTRE 2	ECTS	H/S2		
	Cours de partnering	2,5	25	Cours de partnering	2,5	25		
	Cours répertoire (Cla/Ctp)	2	25	Cours répertoire (Cla/Ctp)	2	25		
	Découvrir des démarches de créateurs	1	20	Découvrir des démarches de créateurs	1	20		
UE1 Exercer son art de	Interprétation scénique	1	5	Interprétation scénique	2	10		
danseur ou danseuse	Ateliers d'Improvisation	1	12,5	Ateliers d'Improvisation	1	12,5		
	Ateliers de composition	1	12,5	Ateliers de composition	1	12,5		
	Travaux personnels encadrés	0,5	10	Travaux personnels encadrés	0,5	10		
	Total ECTS	9	110	Total ECTS	10	115		
UE 2								
	Classes de Danse (Classique et Contemporain)	14	250	Classes de Danse (Classique et Contemporain)	13	250		
UE2 Entretenir et développer	Anatomie physiologie	2	25	Anatomie physiologie	2	25		
ses capacités artistiques et ses qualités d'interprète	Culture chorégraphique	2	17	Culture chorégraphique	2	18		
	Formation musicale danseur	2	25	Formation musicale danseur	2	25		
	Total ECTS	20	317	Total ECTS	19	318		
UE4 Construire son parcours professionnel	Construire son parcours pro	1	5	Construire son parcours pro (communication numérique, droit,)	1	5		
	Total ECTS	1	45	Total ECTS	1	45		
TOTAL	Semestre 1	30	472	Semestre 2	30	478		

	P	DANC NSD ROSE	ER DNSP LLA HIGH			
	SEMESTRE 3	ECTS	H/S3	SEMESTRE 4	ECTS	H/S4
	Cours de pas de deux	1	25	Cours de pas de deux	1	25
	Cours répertoire (Cla/Ctp)	2	60	Cours répertoire (Cla/Ctp)	2	60
	Sessions de travail Reprise de ballets	2,5	60	Sessions de travail Reprise de ballets	2	60
	Interprétation scénique	1	20	Interprétation scénique	1	20
UE1 Exercer son art de danseur ou danseuse	Cours de composition/Improvisation	2	30	Cours de composition/Improvisation	2	40
	Travaux personnels encadrés	1	20	Travaux personnels encadrés	1	20
	Sessions de Travail pour créations	1.5	20	Sessions de Travail pour créations	2	40
				Stage en milieu professionnel	3	90
	Total ECTS	9.5	235	Total ECTS	14	355
UE 2					1	
	Classes de Danse (Classique et Contemporain)	11	275	Classes de Danse (Classique et Contemporain)	9	225
	Santé du Danseur/ Pratiques somatiques	2	50			
UE2 Entretenir et développer ses capacités artistiques et ses	Culture Chorégraphique et analyse d'œuvres (Mutualisé Université Toulon)	1	30	Culture Chorégraphique et analyse d'œuvres 1		30
qualités d'interprète	Nouvelles Technologies (Mutualisé Université Toulon)	1	30	Nouvelles Technologies (Mutualisé Université Toulon)	1	30
	Culture des ARTS/REACO	1	30	Culture des ARTS/REACO	1	35
	(Mutualisé Université Toulon)	1	50	(Mutualisé Université Toulon)	I	
	Total ECTS	15	415	Total ECTS	12	320
UE 3	100012010	10	410		12	520
UE3 Elargir et valoriser son champ de connaissances	Initiation autres pratiques du spectacle vivant	2	25	Initiation autres pratiques du spectacle vivant	1	15
et compétences professionnelles	Initiation techniques temps réel/Mapping	1	18	Initiation techniques temps réel/Mapping	1	20
	(Mutualisé Université Toulon)					
	Total ECTS	3	43	Total ECTS	2	35
UE4 Construire son	Construire son parcours pro (communication numérique, droit,)	1	30	Construire son parcours pro (communication numérique, droit,)	1	30
parcours professionnel	Environnement du métier de Danseur	1	15	Environnement du métier de Danseur	1	15
	Total ECTS	2	45	Total ECTS	2	45

TOTAL	Semestre 3	30	738	Semestre 4	30	755

DNSP 3 DANCER								
PNSD ROSELLA HIGHTOWER								
	SEMESTRE 5 ECTS H/S5			SEMESTRE 6	ECTS	H/S6		
	Cours de pas de deux	1,5	33	Cours de pas de deux	1,5	33		
	Cours répertoire (Cla/Ctp)	2,5	55	Cours répertoire (Cla/Ctp)	2,5	55		
	Ateliers d'improvisation et de composition	2	44	Ateliers d'improvisation et de composition	2	44		
UE1 Exercer son art de danseur ou	Sessions de travail Reprise de ballets	6	264	Sessions de travail Reprise de ballets	5	264		
danseuse	Sessions de Travail pour créations	3	66	Sessions de Travail pour créations	2	66		
	Interprétation scénique	2	20	Interprétation scénique	1	20		
				Stage en milieu professionnel	4	70		
	Total ECTS	17	482	Total ECTS	18	552		
UE 2								
UE2 Entretenir et	Classes de Danse (Classique et Contemporain)	6	300	Classes de Danse (Classique et Contemporain)	4	250		
développer ses capacités artistiques et ses qualités d'interprète	Santé du Danseur/ Pratiques somatiques	1	10					
	Total ECTS	6	324,5	Total ECTS	4	364,5		
UE 3			Γ					
UE2 Flooring t	Spect vivant et tech de temps réel	2	17,5	Spect vivant et tech de temps réel	2	17,5		
UE3 Elargir et valoriser son champ de connaissances et	(Mutualisé Université Toulon)			(Mutualisé Université Toulon)				
compétences professionnelles				Arts numérioque et chorégraphie (Mutualisé Université Toulon)	2	20		
				Mémoire de fin d'étude	3	30		
	Total ECTS	2	17,5	Total ECTS	7	67,5		
UE4 Construire son	Construire son parcours pro (médiation, éducation artistique et culturelle)	2	25	Construire son parcours pro	1	10		
parcours professionnel	Environnement du métier de Danseur	1	15					
	Anglais	2	40					
	Total ECTS	5	80	Total ECTS	1	10		
TOTAL	Semestre 5	30	894,5	Semestre 6	30	996,5		

V. PROFESSIONAL BACHELOR DEGREE PRESENTATION

Sound and Image Techniques (INTERMEDIA)> Technologies in performing arts: intermedia approaches

As part of a partnership with the University of Toulon Var, every student registered in DNSP 2 will be automatically* registered for the Professional Bachelor Degree in "Sound and Image Techniques" (TCSA).

* The knowledge of the French language is necessary to integrate this formation. The foreigners need to justify a score of 330 points at the DELF exam (B1 level).

<u>Field</u>: Human and Social Sciences <u>Reference</u> : Sound and Image Techniques <u>Component</u>: UFR Ingémédia

• **INTERMEDIA course** : technology in performing arts : inter-media approaches (options : dance, music and theater).

This formation lasts over two years in partnership with the « Pôle National Supérieur Danse Cannes-Mougins ». The INTERMEDIA course is particularly directed towards the contribution of the new technologies in the performing Arts. In parallel with a curriculum in their respective artistic practices, the students acquire through this bachelor degree, a technical complement and a reflection on the contribution of new technologies in the performing arts in the 21st century.

The professional bachelor degree Sound and Image Techniques brings the knowledge of the digital creation tool to people working in the performance art field.

The DNSP 2 program and the annual schedule are built including the model DNSP dancer and the model Bachelor to each another.

Subject to validation of all the modules in the program, it allows the dancer, to obtain simultaneously the DNSP Dance and the professional bachelor Techniques of the Sound and the Image Intermediate Course Intermedia.





VI. ASSESSMENT AND GRADING SYSTEM

Learning Agreement and Transcript of Records Your mobility at PNSD RH will be taken into account for the validation of your diploma. The Learning Agreement defines the subjects you follow at the PNSD. It has to be signed and validated by your home institution before your arrival.

It is possible to change some courses at your arrival: in this case it has to be validated again. At the end of your stay, the PNSD will send a Transcript of Records to you and to the responsible person in your home institution. This document will make the transfer of credits possible. The validation of your results is the responsibility of your home institution.

Grading scale In the French assessment system (schools and University), the marking scale is 0 – 20. Marks above 16 are very rare for a subject area, and they are exceptional for a semester- or year average. To pas pass a course unit, a student must receive 10 as a minimum.

Grading scale at the PNSD, qualitative description of the evaluation criteria

18 and above An excellent performance, clearly outstanding.

17 16 A very good performance.

15 14 A good performance in most areas.

13 12 A satisfactory performance, but with significant shortcomings.

11 10 A performance that meets the minimum criteria, but no more.

98 A performance that does not meet the minimum academic criteria.

< 8 Very unsatisfying result.

Negative assessment. Q = Quitus à validation without grade (participation certificate).

For example for «Dancer's health or body techniques » (Alexander technique, Feldenkraïs, Yoga, etc)

VII. ALUMNI PROFESSIONAL INTEGRATION

Some statistics

Over 5 years (before COVID), **95 dancers** that studied at PNSD are working in dance companies. 81% of graduated students over the last3 years (before COVID), are todaydancing in a professional dancecompany.

Dancers from PNSD work in about **50 companies** in Europe and around the world

Integration into the professional dance field once graduated is being prepared all along the DNSP training career. From DNSP1 class, students are starting working with guest choreographers and teachers. That work becomes more and more present in the curriculum in DNSP2 and 3.

Workshops

The DNSP cycle integrates punctual workshops given by well-known guest teachers and choreographers. Those artistic encounters encourage students to grow and broaden their views and skills that favors the integration into the professional world.

Apprenticeships: for DNSP2 and DNSP3

The setting up of internships in companies gives young dancers the opportunity to occasionally share the daily life of professional dancers committed to a specific artistic proposition. It allows them to get a real feel for life in company, the work of a repertoire and a particular universe, and gives them a taste of all aspects of their future job. They thus learn to work in collaboration with an artistic and administrative team; working conditions that will be theirs in any professional company.

Professional situation: Le Cannes Jeune Ballet Rosella Hightower

By participating in the DNSP cycle, students have the opportunity to join the Cannes Jeunes Ballet Rosella Hightower during the final year of study, and thus to express themselves on national and international stages and meet a variety of audiences. The range of works they perform gives them the opportunity to find their artistic maturity and thus promote their integration into the professional choreographic world.

RESULT OF THE DNSP 2023 DIPLOMA, students and apprentices

- i. 27 successful candidates /29 WITH
- ii. Whose 15 in apprenticeship /17 apprentices

Promotion 2022/2023





Promotion 2019/2020



VIII. PNSD ROSELLA HIGHTOWER TEAM

Paola Cantalupo

Artistic and pedagogic director

Cécile Miele

Administrative and financial director

Referent Team

- <u>Artistic studies</u> Amélie CLISSON-DE MACEDO, *Training Program Manager, Erasmus coordinator* 04 93 94 79 87 / 06 15 16 67 71 <u>amelie.clisson@pnsd.fr</u>
- Swanna YENGO, assistant secretary 04 93 94 79 91
 <u>swanna.yengo@pnsd.fr</u>
- Nathalie BAUCHEZ, assistant secretary to Mrs. Cantalupo+international students 04 93 94 79 91
 <u>swanna.yengo@pnsd.fr</u>
- Ebtisseme ZAÏTER, Artistic planning coordinator
 04 93 94 79 97
 ebtisseme.zaiter@pnsd.fr

- <u>School's Fax</u>: 04 93 94 79 81
- Life at School Health : Delphine BUROIS, general supervisor 04 93 94 79 89 delphine.burois@pnsd.fr
- <u>School's telephone number</u>: 04 93 94 79 80 <u>info@pnsd.fr</u>
- <u>Residence Night Emergency Number</u>: 04 93 94 79 95 / 06 63 36 81 57

Permanent teaching team:

Joëlle BOULOGNE : ballet teacher, dance and academic studies referent (ballet) Jeanne CHOSSAT : contemporary dance teacher Francesco CURCI : contemporary dance teacher, principal teacher DNSP1 and DNSP3 Leandro D'ANDREA : ballet teacher Joëlle DONATI : contemporary dance teacher, Feldenkrais, principal teacher DNSP Préparatoire and DNSP2 Maurizio DRUDI : ballet teacher, coach of DNSP3, assistant to the artistic direction Barbara ELIA : dance history and arts & culture teacher Stéphane FLECHET : contemporary dance teacher, dance and academic studies referent (contemporary) Dominique LAINE : ballet teacher Dominique LARIN : contemporary dance teacher Peter LEWTON BRAIN : ballet teacher, anatomical coaching and scientific referent dance and health Alessio PASSAQUINDICI : ballet teacher Carole PASTOREL : ballet teacher Fabrizio PRESTIPINO : musical formation teacher Mikhaïl SOLOVIEV : ballet teacher * Others visiting professors will complete the teaching team during the year.

